July 2025



# Boost Market - Boost Your Health Journey

Have you checked out our newly expanded Boost Market at Active Edge? We've added a variety of inoffice wellness essentials to help support your health journey—all in one convenient spot! Stop by and explore our latest offerings, including:

#### Sky & Sol Sunscreen:

Packed with reef-safe, mineral-based ingredients, Sky and Sol shields against harmful UV rays while nourishing your skin with antioxidants and botanicals.
Lightweight, non-toxic, and perfect for everyday glow and protection.

#### **Natty Addy:**

Need a clean boost without the crash? Natty Addy delivers smooth, sustained focus and energy with natural nootropics and adaptogens—no jitters, no junk. Power through your day, the natural way.



SCAN TO SHOP
THE BOOST MARKET

#### **Trace Minerals:**

Small but mighty! Trace minerals support hydration, energy production, immune function, and nutrient absorption. Just a few drops a day can help restore balance and boost overall wellness from the inside out.

#### **Block Blue Light:**

Protect your eyes and optimize your sleep! Block Blue Light glasses and lighting filter harmful blue light from screens and LEDs—reducing eye strain, improving focus, and supporting natural melatonin production for better rest.

Mark your calendar—Every 2nd Thursday of the month is **Super Thursday** at Active Edge, both inoffice and online!

\*Enjoy 20% off all Boost Market supplements and products as part of this monthly wellness celebration. Please note: Essential oils, diffusers, and massage devices are excluded.

Active Edge Team

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## OFFICE NEWS - WHATS NEW?

#### **Big News at Active Edge!**

We're expanding our care team! A new chiropractor is joining Active Edge—which means more availability and flexible hours to serve YOU better. Stay tuned as we introduce this amazing provider who's here to help you move, feel, and live better than ever!

#### **Cancellation Reminder:**

Same-day cancellation fees are waived for our partners. However, we do appreciate as much notice as possible, especially for longer visits so we can offer openings to our waitlist.

Thank you so much fr helping us continue to offer this perk and serve as many people as possible.

\*Some exclusions may apply\*



### **Travel Card Updates:**

At Active Edge, we're always looking for ways to improve your experience and make your visit as smooth and efficient as possible. With that in mind, we're updating our check-in and check-out process to better serve you.

#### Here's what to expect:

- ✓ Upon arrival, please stop by the front desk to check in.
- ✓ You'll receive a Travel Card from one of our front desk team members.
- ✓ Take this card with you to each therapy station during your visit.
- ✓ Once all therapies are complete, return the Travel Card to the front desk to check out and schedule any future appointments.

We appreciate your cooperation as we implement this streamlined process—and as always, thank you for being part of the Active Edge family!

July Promo & Supplement

of the Month

**Free initial Health Coach visit** with purchase of any ExoMind Package - Join us at our launch party for

Maximize your Summer! **2-month boost pass** for just

\*Month to month boost partnership continues after

promo period for \$147/mo unless cancellation request

## LOCAL LOVE

Noble Method - Our Partners receive 10% discount off fitness memberships

# **ExoMind Launch Party**

## STRENGTHEN YOUR BRAIN

- Date: July 16th
- Time: 4-7 pm
- Location: Active Edge Health 1400 Dublin Rd. Columbus, OH 43215
- Drinks & Appetizers
- Giveways
- Live Demos
- Try EMSELLA & EMSCULPT
- Lowest package prices of the year!!

Scan the QR code below to register for this event!

# Supplement \* 20% off all month Fruits and Greens: Tired of str

this and other awesome discounts!

\$194 (SAVE \$100)

submitted by 8/1/25\*

• Fruits and Greens: Tired of struggling to get your daily fruits and veggies? NutriDyn Fruits & Greens makes it easy—with over 20 servings of nutrient-rich superfoods in every scoop. This delicious, easy-to-mix powder is packed with antioxidants, digestive enzymes, and adaptogens to support energy, immunity, digestion, and overall wellness.